

Hilltopper

Harrisonburg District

June 2017



Prayers
Presence
Gifts
Service
Witness

Mission - Tangier Island

By John Morse

Special points of interest:

- Mission Tangier Island
- Annual Conference
- Fish'n on a Mission VBS
- Hilltopper 40 Years Old
- Important Dates
- Nurse's Health Corner
- Anniversaries & Birthdays
- Church Council



Kim Maugans, Mike Whetzel and I left on May 23 at 5:00 AM to drive to Chrisfield, MD, via the Bay Bridge Tunnel and catch the Tangier mail-boat at 12:30. We arrived in Chrisfield at 11:30 which gave us time to load all our tools on the boat and pay for our trip.

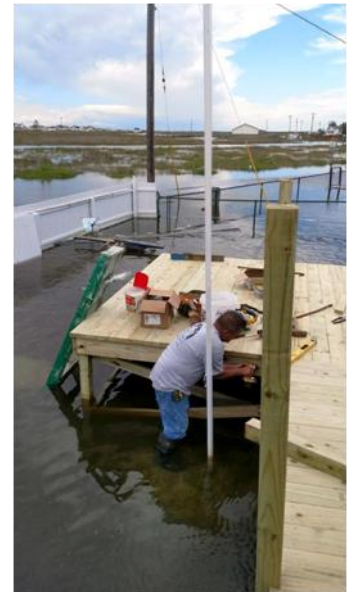
We arrived at Tangier slightly after 1:00 PM and after storing our tools in the social hall of the church, we went to the job-site to determine the materials needed and order them from Bayside Lumber in Chrisfield. Also on Tuesday afternoon we began the process of demolition and taking the old material to recycle.

We continued the work of demo the next morning and at 1:00 we met the mail-boat with three pickup loads of material to begin construction. Kim and Mike began construction of the deck and several people from the church helped to move the remaining material to the site. All the work at the site was accomplished in water as we experienced an above average tide.

The next morning we continued construction of the ramp to the house and the ramp in the rear to a home behind. We ordered more material and continued construction.

On Thursday we continued construction and waited for the mail-boat which did not have the material we ordered. We again continued work and called Bayside to determine what the issue was with supplies.

Friday morning we worked on the railings for the deck and ramps and again waited for the mail-boat, which arrived with no material, once again. We called Bayside and were assured that the material was received and would be



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Important Dates to Put on Your Calendar

- 6/5 7:00 pm Mabry/Shifflett Circle with Susan Coffman
 6/6 1:30 pm Minnie Carr Circle with Pat Ewers
 6/8 12:00 pm Hi Noon at Mt. Horeb Presbyterian Church
 6/16-18 Virginia Annual Conference in Hampton
 6/19-23 6:30-8:15 pm
 Vacation Bible School "Fishing on a Mission with Jesus"
 6/23 Vacation Bible School picnic
 6/25 5:30 pm Korea trip presentation and dinner
 7/30 Church Picnic with Fire Extinguisher demonstration.
 9/10 Hearts Party which will celebrate Grandparents Day.
 11/11 HOTS.



40 Years of Hilltopper – 1977 – 2017

(over the following months of 2017 highlights from previous newsletters will be presented)

Continued 40 years of Hilltopper Reviews 1987 to 1991

1987 – Editor Margaret Herman

*HOTS – March Ruth Wampler, Fritz Stout, and Eunice Rankin were rollers for oysters to be fried. Profit was \$2700

*Early Methodism in New Hope area by Melissa Fretwell (student essay for Augusta County Historical Society)

*New Hope Chorus began by Hazel Cline in November 1984 with 12 members from different area churches and met on second and fourth Tuesday at 1:30 (Still meeting today)

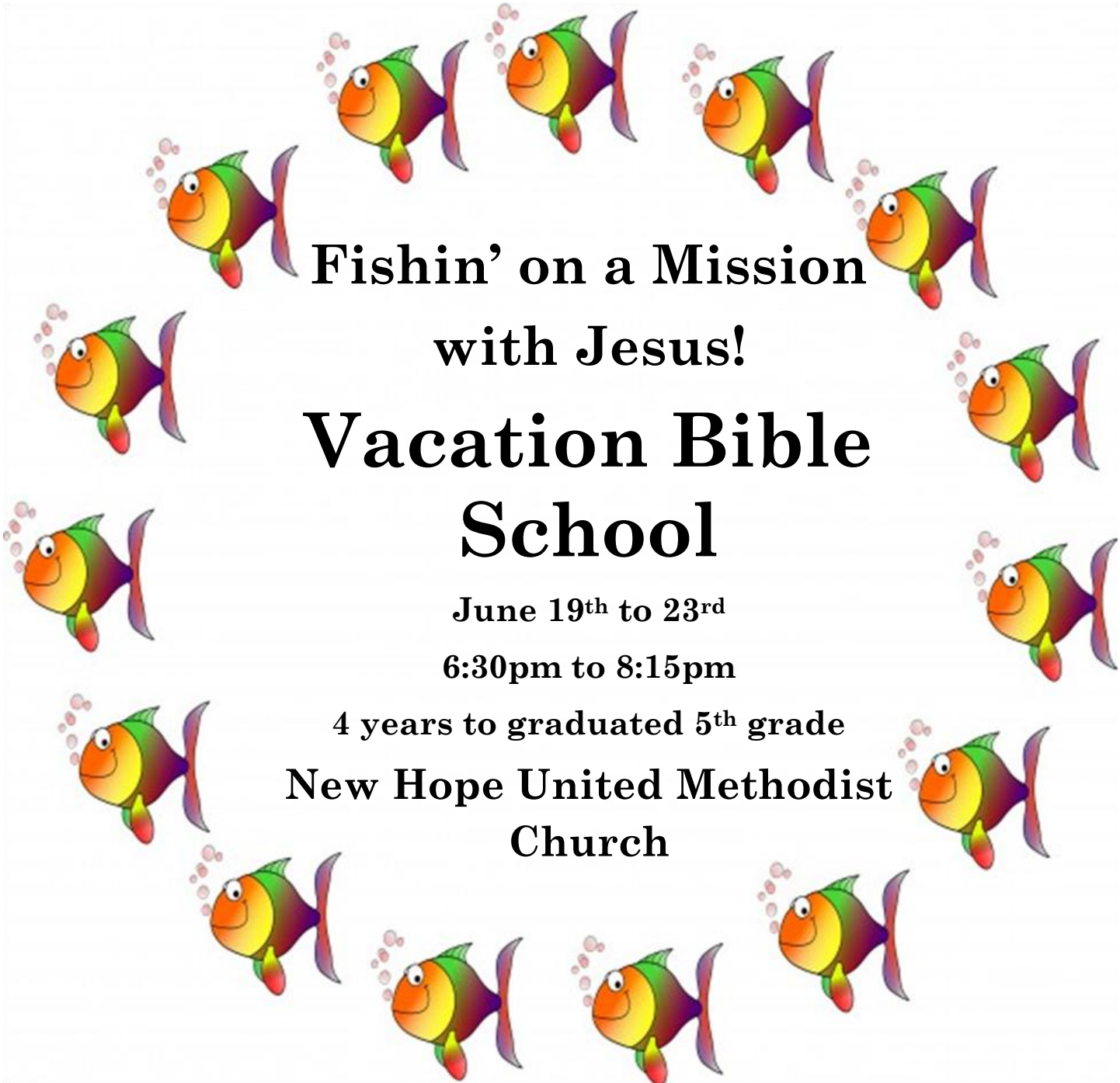
*Rev Glen Evans (former pastor) suffered severe injuries in a head-on car accident

*Mother-Daughter banquet with 109 attending; theme: "Expect a Rainbow in Your Life". Margaret Breeding had five generations present and Susan Coffman had four generations present.

*Memorial contribution made to Community Health of India in honor of Dr. Esther Mabry who was serving as missionary to India

*VBS 6:30 – 8:30 pm; theme: "Paul's Adventures for Christ"

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**Fishin' on a Mission
with Jesus!**

**Vacation Bible
School**

June 19th to 23rd

6:30pm to 8:15pm

4 years to graduated 5th grade

**New Hope United Methodist
Church**

New Hope United Methodist Church
55 Round Hill School Road
New Hope, Va 24469 (Ft. Defiance for GPS directions)
Ph: 540-363-5940



June 16-18, 2017

prayer, special offerings, and Kits for Conference.

Details will be posted in the narthex re: Kits for Conference (items to be included)

This year's Conference offering will support mission work in Cambodia, Brazil, Mozambique, Virginia Long Term Disaster Recovery, Ethnic Minority Missional Ministries, and Virginia Volunteers in Mission. Stay tuned for more !

Is the theme of this year's Annual Conference, being held in Hampton , Virginia.

Each year, clergy and laity from across the state gather to worship, to celebrate, and to conduct the business of this connection we share.

Our membership can support this effort through

Web Page

Web Page: mynhumc.weebly.com

Reminder to check out our church web page frequently for updates including the church calendar.



United Methodist Women's Sunday Speaker: Hailey Hong



Promotion Sunday Lane Bennett Susie Hong
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Church Council

The New Hope United Methodist Church Council met on Thursday, May 25, 2017 with eleven members present. Sam Arnold, Vice-Chairman, called the meeting to order at 6:30 pm. Bruce Rogers presented the devotions followed by a prayer.

Those members present: Sam Arnold (Vice-Chairman), Debbie Arnold, Robin Craun, Morgan Craun, Larry Hinebaugh, Pastor Shin Hong, Bruce Rogers, Betty Stout, Jack Walker, JoEtta Walker and Karen Whitmer.

Special Presentation: Pastor Shin and Bruce Rogers presented a proposal to upgrade the audio and video systems in our Sanctuary. Cost proposals have been received and are being evaluated before a final vote by the Church Council in June. There is \$11,000 already available for this project. Additional funds will need to be raised thru personal donations.

Trustees: Larry Hinebaugh presented the Trustees Report.

A water sample has been taken from the parsonage for analysis which takes about 1 week. The water is cloudy and is being evaluated for quality and safety. The Trustees will consider changing the water system filter every 3 months.

The church steeple was removed and the roof repaired before the steeple was replaced. Total cost was \$2,040; \$500 for the crane was paid with a donation; final cost was \$1,540.

The Trustees are looking at the furniture which had been in the parsonage and is now stored in a downstairs classroom. They have decided to sell some of the furniture through a closed bid silent auction.

The Trustees feel the church has become a place for things to be stored. They plan to begin a process to remove many of the things being stored with no need or value. They are asking everyone to assist by getting rid of clutter.

The shrubbery in the front of the church looks poor and will be removed by the Trustees.

Nurture/Spiritual Development Ministry: JoEtta Walker presented the Nurture Report.

June 19 – 23, Vacation Bible School (Christy Powell). Volunteers are needed. UMM will prepare the dinner/cookout on Friday June 23.

July 30, Church Picnic with Fire Extinguisher demonstration.

September 10, Hearts Party which will celebrate Grandparents Day.

November 11, HOTS.

Evangelism Ministry: Betty Stout gave the Evangelism Ministry Report.

Betty Stout reported 15 people were present at the Newcomers Meal at her home on Friday April 28. The meal was designed to welcome newcomers to the church and was considered a huge success. The plan is to have additional meals in the future.

Missions/Outreach Ministry: May 23 – 26, Kim Maugans, John Morse and Mike Wetzal are on a mission trip to Tangier Island.

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June Nurse's Health Corner

Stay fit and safe during summer

Summer is finally here! It's a great time to enjoy all of your favorite activities outside, including your daily workout. But spending time outdoors also comes with risks and concerns. Follow these tips to beat the heat, stay safe, and get the best results:

Hydrate, hydrate, hydrate before, during, and after exercise. Staying well hydrated is very essential to avoid illnesses such as heat stroke or exhaustion.

Pick the right time to work out, preferably in the morning or evening. The temperatures are typically cooler during those times.

Apply sunscreen to protect your skin. The American Academy of Dermatology suggests using sunscreen with an SPF of at least 30. Oil-free formulas don't interfere with the body's ability to cool down. Sweat-proof formulas are lightweight and help prevent eye irritation.

Avoid extreme temperatures and cool yourself down gradually. Don't go right from the outdoor heat to a cold air conditioned room.

Wear suitable clothing to keep away moisture and enable air movement. "Wicking clothing" is made especially to pull moisture away from the skin through a polyester design. The fabric allows you to get cooler and drier in less time.

Ask your doctor or health care professional before you jump right in to exercising outdoors. You may be unaware if you're already sensitive to heat or if your medication can affect how well your body can cool itself down.

Listen to your body and use your best judgment. Although exercising in the heat may be generally safe for most people, unusual symptoms may come about. If you start to feel funny or uncomfortable, slow down or stop your workout. Exercising in the extreme heat isn't the best time for you to push yourself.

Walk This Way: The Top Rated Smartphone Apps for Walking

Did you know that your smartphone can actually help you lead a healthier lifestyle? Mobile apps seem to be the new trend for popular exercises such as running and walking. Whether you have an Android or iPhone, there are apps available to increase your motivation to work out, in addition to tracking your progress. Here's a list of the most top-rated walking apps to help you stay healthy and fit:

1. MapMyWalk: Easy-to-use app that records details of your workout such as speed, calories burned, and travel routes. MapMyWalk also saves and uploads all of your details, which allows you to view and link the data with other devices and mobile apps. If you want to take it a step further, upgrade to the MapMyWalk+ version for benefits such as heart rate analysis, personal training, and live tracking of your steps.

2. Virtual Walk: This is a great app that can help add some spice to your everyday indoor or outdoor walk. Your travel distance gets plotted on a virtual walk through scenic and historic routes, using checkpoints like the Appalachian Trail and Washington Monument. There are many walks to choose from and each route has something new to offer. You can also compete against your friends or gain motivation together while you walk around the world!

3. Walkmeter by Abvio: Walkmeter is a great motivational app that posts details from your walk to Facebook, Twitter, and other social media favorites. A cool voice feature is also included to hear replies to your workout posts from your friends. This app also provides full training plans to assist you in walking your first 5k, 10k, half or full marathon.

4. Charity Miles: If you love to support others and make a true difference in the world, this app is for you. Just

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Mission Opportunities

Valley Mission—ongoing project of cereal. Bring your boxes of any kind of cereal and leave in Wesley Sunday School Classroom. Regular deliveries are being made. Thank you !!!

Valley Mission – box in Wesley Sunday School Classroom for cereals

District Mission Central – basket in Narthex for children’s socks and underwear

Kits for Conference – basket in Narthex for kits (supply list available in the basket). Kits are due by June 11 so our representatives can take them to Annual Conference in Hampton (June 16-18).

Educational Box Tops & Postage Stamps – wooden box by the front door. Campbell company are no longer supporting organizations from collection of soup labels. Thanks for your years of support for this mission. We continue to collect educational box tops and cancelled postage stamps.

Lectionary Readings

6/4

Acts 2:1-21

Psalms 104:24-34, 35b (UMH 826)

1 Corinthians 12:3b-13

John 7:37-39

6/25

Genesis 21:8-21

Psalms 86:1-10, 16-17

Romans 6:1b-11

Matthew 10:24-39



6/11

Genesis 1:1-2:4a

Psalms 8 (UMH 743)

2 Corinthians 13:11-13

Matthew 28:16-20

7/2

Genesis 22:1-14

Psalms 13 (UMH 746)

Romans 6:12-23

Matthew 10:40-42

6/18

Genesis 18:1-15

Psalms 116:1-2, 12-19 (UMH 837)

Romans 5:1-8

Matthew 9:35-10:8 (9-23)

7/9

Genesis 24:34-38

Psalms 45:10-17 or Psalm 72 (UMH 795)

Romans 7:15-25a

Matthew 11:16-19, 25-30

WORSHIP ASSISTANTS

Acolyte

6/4 Joanie Troxell

6/11 Weston Powell

6/18 Derek Deavers

6/25 Cindy Deavers

7/2 Becky Tate

Nursery

6/4 Martha Fretwell & Samantha Arnold

6/11 Robin Craun & Morgan Craun

6/18 Tonya Meier & Taylor Meier

6/25 Betty Stout & Courtney Stout

7/2 Dana Breeding & Clara Breeding

7/9 Carolyn Fretwell & Kenny Fretwell

Children’s Message

6/4 Kim Maugans

6/11 Kevin A.

6/18 Helen Morse

6/25 Dana Breeding

7/2 Pastor Shin

Lead Ushers

6/4 Rob Riner & Lewis Whitmer

6/11 Karen Maugans & Becky Tate

6/18 Charlie Bill Fretwell & Henry Breeding

6/25 Darryl Deavers & John Morse



June/July Anniversaries & Birthdays

June

1 Robert & Peggy Corbin
 2 Richard & Ruth Wampler
 3 Mark Hite
 3 Isaac Thomas Markow
 4 Courtney Joyner
 4 Mike & Sharyn Huff
 5 Megan Rickman
 7 Jeffrey Bragg
 7 Richard Randolph
 7 Eddie Shaver
 7 Thomas & Nancy Glass
 7 Jack & JoEtta Walker
 8 R.W. Stogdale
 8 David & Julia Miller
 10 Tracy McCray
 10 David Miller
 11 Harold Strickler
 11 Kenny & Carolyn Fretwell
 12 Abby Armstrong
 12 Broc Powell
 12 Stuart & Candi Dunlap
 12 Greg & Kathy Killough
 13 Janet Harris
 13 Richard Stogdale
 13 Robert & Sylvia Herman
 14 Kaylee McLaren
 15 Elizabeth Barnhart
 15 Teresa Barr
 15 Emma Shifflett
 15 Ruth Wampler
 15 Mike & Nellie Bosserman
 15 Bill & Gail Shipe
 16 Jessica Arnold
 17 Robert & Judy Riner
 17 David & Kitra Shifflett
 18 Owen Harner
 18 Junior Morris
 18 Will & Elizabeth Harding
 19 BF & Peggy Caricofe

20 Ricky Rowe
 21 Billy Morrison
 21 Fred & Julia Arndt
 22 Howard Poole, Jr
 23 Kindra Bragg
 23 Owen & Dolly Harner
 24 Katie Harding Toole
 24 Shawn & Jennifer Cook
 25 Linda Clark
 25 Paula Whitmer
 26 Zack Joyner
 26 Sam Carr
 26 Michael & Patty Morris
 26 Mike & Susie Shreckhise
 27 Janice Howdysshell
 27 Timothy Randolph

July

1 Kyle VanLear
 3 Stephanie Kerley
 4 C.J. Botkin
 Suzanne Lank
 Irene Morrison
 6 Leon & Mary Sheets
 7 Ava Funk
 8 David Shiflett
 Jeffrey Walker
 9 Barbara Greene
 William Harding
 David Layman
 Charles & Phyllis Fretwell
 10 Clara Breeding
 11 Roosevelt & Mary Rowe
 12 Tuck Rogers
 Louise McCray
 Nathan Selmon
 Natasha Ritchie
 13 Debbie Arnold
 15 Hilda Painter
 Sharon Kile
 Dakota Canipe

Hunter & Martha Black
 15 Jerry & Susan Coffman
 16 Andrew Viers
 Jase Harding
 17 John & Helen Morse
 Theresa Humphries
 18 Will & Elizabeth
 Harding
 20 Heather Arndt
 22 Helen Stogdale
 23 Margie Selmon
 Timothy Howdysshell
 24 Mary & Richard Booth
 26 Cathy Lewis
 27 Becky Breeding
 28 Mary Sheets
 Earl Wilberger
 Beth Howdysshell
 29 Arlene Crist
 31 Julia Arndt
 Nancy Howdysshell



If we have any incorrect information or are missing information, please leave updates in mailbox in church library for Hilltopper or email to altuten@vaumc.org

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1987 (continued)

- *Soup Making Day – 110 quarts which sold for \$2.25 per quart
- *Revival October 25-28 with Rev. Lansing Harmon speaker
- *Homecoming 10/4 with Rev. Carl Whitten, speaker
- *Pat Broyles recognized for her corn husk dolls
- *Fall HOTS
- *Children collected for UNICEF at Halloween

1988

- *Youth sponsored Hearts Party
- *Article “Where in the World – New Hope?” by Rev. Lansing Harmon
 1. The cross made of beams from old structure in the neighborhood
 2. People – love God and love each other
 3. Church – believers who are called to play servant role in life of the world
 4. Mission – proclamation – church will never die as long as it keeps ever before it the mission to which it is called by God
- *Mother-Daughter Banquet – “Remember When”
- *Local Boy Scout troop with 16 members (10 were members of New Hope UMC)
- *Senior Youth made 90 peanut butter eggs for Easter
- *UMM served 750 at HOTS
- *Shepherd’s Club
- *VBS July 20-24; theme: “Jesus Our Friend & Teacher”
- *50’s Drive In (8/19/88) 6-9 pm
- *Homecoming 9/18/88 221 attended with Rev. Glen Evans, speaker
- *Bishop Thomas Stockton assigned to Virginia Conference

1989

- *Shepherd’s club survey’s membership
- *Spring HOTS
- *41 Poinsettias honored or in memory for Christmas Season (1988)
- *April covered dish lunch honoring senior citizens
- *April Mother Daughter Banquet
- *Youth overnight lock-in at the church
- *Youth sponsored Hearts Party
- *Youth celebrated Chinese New Year at home of Helen and John Morse
- *Youth Ski Trip to Massanutten
- *Homecoming 9/17/89 with Rev. Howard Smith, speaker
- *Youth presented 3-act play: “The Lost Church”
- *50’s Drive In
- *Administrative Board meeting with 37 members present. Near completion parsonage renovations of \$63,500
- *Fall HOTS
- *Halloween collections for benefit of UNICEF

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1990 – Editors Susan Coffman & Amy Herman

- *HOTS March 17th 1:30 pm; served 736; profit \$3700
- *New sanctuary piano given by Mr. and Mrs. Martin Cline
- *Repaired floor in Social Hall
- *Youth Caroling
- *Hearts Party
- *District approved building new Blessings Lodge at Camp Overlook
- *Mother Daughter Banquet – theme: baskets
- *Goodbye for Pastor; Welcomed new Pastor, Rev. Steve Proctor
- *VBS – “Ways Bible People Served”
- *Father Son Banquet sponsored by Youth
- *New Hymnals dedicated
- *UMM served super to UMW. Helen Morse shared her experience on her District Trip to Red Bird Mission
- *Youth decorated women’s dinner with music and roses
- *VBS – Bethlehem
- *Homecoming 9/16/90; Rev. Sam Nesmith, speaker
- *Irene Fretwell circle sold “Happy Home” flavoring
- *Children’s Christmas party – Saturday 12/15 from 10-12

1991 – Editor: Alice Ward

- *Gale Shipe resigned as organist
- *Michelle Randolph new organist
- *Spring HOTS – 781 served; profit \$4000
- *Ladies Night Out – 85 attend catered by Charlie’s Barbeque; music by Pete and Chris Campbell
- *UMW sponsored prayer times weekly Wednesdays at 7:30 am and 7:30 pm
- *Youth made peanut butter eggs; made 160
- *Bible study led by Pastor on book of Exodus
- *Vertical blinds installed in vestibule
- *Hearts party sponsored by co-ed class
- *Youth lock-in
- *Mother Daughter Banquet “The Many Hats Mother Wears”
- *VBS 8/4-9 “Jesus Calls, Come Follow”
- *Fall HOTS
- *“A Book of Favorite Recipes” sold by Elizabeth Shifflett Circle
- *Homecoming 9/15/91 with Rev. Howard Smith, speaker
- *Hosted community Thanksgiving Service
- *Youth harvested apples for apple cider; profits for Food Bank
- *Youth sponsored 50’s Drive In

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Staff/Parrish Relations: Bruce Rogers presented the SPRC Report We are continuing our search for a new Director of Music. Rev. Elaine DeJong is doing a great job as the acting Director of Music while we look for a replacement.

Membership Secretary: Karen Whitmer presented the Membership Secretary’s Report. The letter Karen developed to gather information from church members is very detailed. Karen asked the members of the Church Council to complete the letter for themselves and provide her with feedback on the letter’s format to gather information.

Communications:
July 9: Sunday Afternoon, 3:00 pm to 6:00 pm at Verona UMC – Olde Time Revival with speaker Bishop Lewis and singing led by Micheal Berkley. Encourage our children and youth to attend Vacation Bible School.

Pastor Shin:
Have we ever had a “Bring your Friend to Church Sunday? No one could remember and Pastor Shin suggested it would be “Fun”.

Unfinished Business: None

New Business: With Vacation Bible School next month, the Church Council meeting is changed to 6:30 pm on Thursday, June 15.



Prayer Shawl Ministry
Shared around the World

Ladies Night Out sponsored by UMM at Wood Grill. Entertainment by Tri County Line



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on the 6:00 PM boat on Friday evening.

We met the boat and transported the material to the site and completed the construction of the ramp from the street as well as the final railing.

We worked long days and were all in bed early each evening. The church members provided us with food for our Friday evening meal consisting of crab cakes, clam fritters and all the fixins! On Saturday morning we met the mail-boat at 8:00 AM to begin our trip home. After dropping Kim and Mike off at their homes I finally got home at 4:30 PM on Saturday.

Many thanks for the persons who donated money to help us with this mission AND to Wanda for the care packages to eat on the way as well as while we were there. A side note: One of the devotions provided us for this mission will be used as the basis for my message to Al Tuten's congregation on the Sunday of Annual Conference.

John Morse

We will take another mission led by Sam NeSmith in October. At that time we will work on several jobs and do invite all who would love to experience this beautiful island to join us. I will have more information as time goes on.

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choose a charity and watch your miles turn to money! You can view your exercise duration, miles traveled, and your walking route on Google Earth. This app has already earned over 1.7 million for charity. Each "step" that you take makes the world a better place!

5. Endomondo: Also known as the "Personal Trainer in Your Pocket", Endomondo helps you set goals, connect with friends, and link to Fitbit. It also links to its website, Endomondo.com, to access your full training logs and analyze your fitness progress. Endomondo also provides an upgraded version that features a step counter, interval training, and visual graphs.

Whether you want to walk for personal benefit, share your goals with friends, or support a local organization, there's an app out there to help. This list is just a start; there may be another app available that better suits your needs. Have fun exploring the smartphone apps offered. Remember to always consult your doctor before starting a new walking program, choose a plan that aims towards your level of fitness, and most importantly, enjoy!

Information provided by Jordan McCray, former student intern with Community Outreach at Augusta Health. Contact Dana Breeding, RN, related to the information in this article or with questions/comments/concerns, at (540) 332-4988 or (540) 932-4988.



Flags were placed in the cemetery honoring those who have served their country

New Hope United Methodist Church

PO Box 86

New Hope, Va 24469

Web Page: mynhumc.weebly.com

Address Service Requested



HILLTOPPER

Mission: Growing as followers of Jesus Christ, we seek to live out our faith and serve God's community.

Identity: The New Hope congregation is a family of sharing and caring Christians who gather for worship and fellowship and through whom opportunities for spiritual growth are offered for all ages.

Vision: The people of New Hope will allow God to make a lasting and holy difference in us and through us as we apply ourselves to worship, prayer, study, witness and service



New Hope United Methodist Church

55 Round Hill School Road

New Hope, Virginia 24469

363-5940

Rev. Shin Woo Hong, Pastor

Email: newhopechurch@newhopetel.net