

## November 2018

## The True Story of Thanksgiving

By: David Mathis

Come Thanksgiving Day each year, many of us give the nod to Pilgrims and Indians and talk of making ready for a harsh first winter in the New World.

But for the Christian, the deepest roots of our thanksgiving go back to the Old World, way back before the Pilgrims, to a story as old as creation, with a two-millennia-old climax. It's a story that keeps going right on into the present and gives meaning to our little lives, even when we're a half a globe removed from history's ground zero at a place called Golgotha.

You could call it the true story of thanksgiving - or you could call it the Christian gospel viewed through the lens of that often undervalued virtue known as "gratitude." It opens up a few biblical texts we otherwise may be prone to downplay.

Here's the true story of thanksgiving in four stages.



### **Created for Thanksgiving**

***“God created humanity for gratitude. You exist to appreciate God.”***

First, God created humanity for gratitude. You exist to appreciate God. He created you to honor him by giving him thanks. Appreciating both who God is and his actions for us - in creating us and sustaining our lives - is fundamental to proper human life in God's created world.

As he describes in Romans 1 what's gone wrong with the world, the apostle Paul gives us this glimpse of the place of appreciation in the created order:

Although they knew God, they did not honor him as God or *give thanks* to him, but they became futile in their thinking, and their foolish hearts were darkened. ([Romans 1:21](#))

Part of what the first man and woman were created to do was honor God by being thankful. And part of what we exist to do is honor God by being thankful - and thus the numerous biblical commands enjoining gratitude.

Humanity was created to appreciate God. But as we've already seen from Romans 1, ingratitude wasn't far away.

## **Fallen from Thanksgiving**

Second, we all have failed miserably in appreciating God as we should. In her book on gratitude, Ann Voskamp gives memorable expression to the failure of the first man and woman - and the devil before them - to rightly experience and express gratitude.

From all of our beginnings, we keep reliving the Garden story.

Satan, he wanted more. More power, more glory. Ultimately, in his essence, Satan is an ingrate. And he sinks his venom into the heart of Eden. Satan's sin becomes the first sin of all humanity: the sin of ingratitude. Adam and Eve are, simply, painfully ungrateful for what God gave.

Isn't that the catalyst of all my sin?

Our fall was, has always been, and always will be, that we aren't satisfied in God and what He gives. We hunger for something more, something other.

Satan the ingrate spawns unthankfulness in Adam and Eve, who pass it along to all of us. Both before our conversion and after, we are unthankful people. This is so painfully true.

***“Our fall was, and has always been, that we aren't satisfied in God and what he gives. We hunger for something more.”***

And we not only fail to be thankful like we ought, but we also fail to get the balance right between physical and spiritual. Two obstacles often stand in our way to God-exalting gratitude. You could call them “hyperspirituality” and “hyperphysicality.”

Perhaps hyperphysicality is all too well known in 21st-century Western society at large. A milieu of materialists is so unaware of spiritual reality that even when there is gratitude for the physical, the spiritual is neglected, if not outright rejected. We can be thankful for the temporal, even while we couldn't care less about the eternal. But hyperspirituality is often particularly dangerous among the so-called “spiritual” types, even in the church. We can be prone to mute God's physical goodness to us out of fear that appreciation for such would somehow detract from our thanksgiving for spiritual blessings.

In our sin, we fail again and again to get the proportions right. Only with divine redemption are we able to grow toward a balance that goes something like this: *Christians are thankful for all God's gifts, especially his eternal gifts*, and especially the surpassing value of knowing his Son ([Philippians 3:8](#)), the Spirit-become-physical.

## **Redeemed by Thanksgiving**

Third, God himself, in the person of his Son, Jesus, entered into our thankless world, lived in flawless appreciation of his Father, and died on our behalf for our chronic ingratitude. It is Jesus, the God-man, who has manifested the perfect life of thankfulness. If you've ever tracked the texts where Jesus gives his Father thanks, you'll know it's quite an impressive list.

[Matthew 11:25](#) [also [Luke 10:21](#)]: “At that time [note the context of unrepentant and unthankful “cities where most of his mighty works had been done,” verse 20] Jesus declared, ‘I *thank* you, Father, Lord of heaven and earth, that you have hidden these things from the wise and understanding and revealed them to little children; yes, Father, for such was your gracious will.’”

[John 11:41](#): “. . . they took away the stone. And Jesus lifted up his eyes and said, ‘Father, I *thank* you that you have heard me.’” [Jesus then raises Lazarus from the dead.]

Matthew 15:36 [also Mark 8:6]: Jesus “took the seven loaves and the fish, and *having given thanks* he broke them and gave them to the disciples . . .” [See also John 6:11 and John 6:23 which refer to the location as “the place where they had eaten the bread after *the Lord had given thanks*.”]

Luke 22:17–20 [also Matthew 26:27 and Mark 14:23]: “He took a cup, and *when he had given thanks* he said, ‘Take this, and divide it among yourselves. For I tell you that from now on I will not drink of the fruit of the vine until the kingdom of God comes.’ And he took bread, and *when he had given thanks*, he broke it and gave it to them, saying, ‘This is my body, which is given for you. Do this in remembrance of me.’ And likewise the cup after they had eaten, saying, ‘This cup that is poured out for you is the new covenant in my blood.’” [And so following Jesus’s pattern, Paul in Acts 27:35 “took bread, and *giving thanks to God* in the presence of all he broke it . . .”]

First Corinthians 11:23–24: Our “Lord Jesus on the night when he was betrayed took bread, and *when he had given thanks*, he broke it . . .”

Jesus is not only God himself but also the quintessentially thankful human. The God-man not only died to forgive our failures in giving God the thanks he’s due, but also lived the perfect life of appreciation on our behalf toward his Father.

## **Freed for Thanksgiving**

***“Christians are thankful for all God’s gifts, especially his eternal gifts.”***

Finally, by faith in Jesus, we are redeemed from ingratitude and its just eternal penalty in hell, and freed to enjoy the pleasure of being doubly thankful for God’s favor toward us - not only as his creatures, but also as his redeemed.

It is fitting for a creature to be in a continuous posture of gratitude toward his Creator. And it is even more fitting for a redeemed rebel to be in an ongoing posture of gratitude toward his Redeemer. The kind of life that flows from such amazing grace is the life of continual thankfulness. This is the kind of life in which the born-again Christian is being continually renewed, progressively being made more like Jesus.

And so the apostle Paul encourages Christians to have lives characterized by thanksgiving.

Colossians 1:11–12: May you be “strengthened with all power, according to his glorious might, for all endurance and patience with joy, *giving thanks* to the Father, who has qualified you to share in the inheritance of the saints in light.”

Colossians 2:6–7: “as you received Christ Jesus the Lord, so walk in him, rooted and built up in him and established in the faith, just as you were taught, *abounding in thanksgiving*.”

Colossians 3:15–17 [note the hat trick (3x) in this one text]: “And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And *be thankful*. Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, *with thankfulness in your hearts to God*. And whatever you do, in word or deed, do everything in the name of the Lord Jesus, *giving thanks* to God the Father through him.”

Ephesians 5:20: “. . . *giving thanks* always and for everything to God the Father in the name of our Lord Jesus Christ.”

First Thessalonians 5:18: “*Give thanks* in all circumstances; for this is the will of God in Christ Jesus for you.”

Only in Jesus, the paragon of creaturely appreciation, are we able to become the kind of persistently thankful people God created us to be and fulfill the human destiny of thanksgiving. For the Christian, with both feet standing firmly in the good news of Jesus, there are possibilities for a true thanksgiving which we otherwise would never know.

# Lectionary Readings for November

## November 4

Ruth 1:1-18  
Psalm 146  
Hebrews 9:11-14  
Mark 12:28-34

## November 18

1 Samuel 1:4-20  
1 Samuel 2:1-10 or Psalm 113  
Hebrews 10:11-14 (15-18) 19-25  
Mark 13:1-8

## November 11

Ruth 3:1-5 & 4:13-17  
Psalm 127 or Psalm 42  
Hebrews 9:24-28  
Mark 12:38-44

## November 25

2 Samuel 23:1-7  
Psalm: 132:1-12  
Revelations 1:4-8  
John 18:33-37

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## Remember Our Elderly and Sick Brothers & Sisters in Christ

People who are in nursing homes or who are at home ill, incapacitated or retired, still need social contact. In our busy society, these folks are often forgotten and it's hurtful.

We will all get there someday and will fully understand how important an occasionally phone call, card or visit can be.

Please make a note on your calendar as a "reminder." If you do, someone will be very grateful for the kind gesture - most likely the recipient - but it may also be their family members.



Kindness goes a long way. One card or phone call could touch more people than just one and it usually does!





**Thank you to everyone who helped make our annual Harvest Fest and Trunk or Treat a huge success! We had over 200 children and adults come out and celebrate with us with costumes, candy, hot dogs, games, cakes and more!**



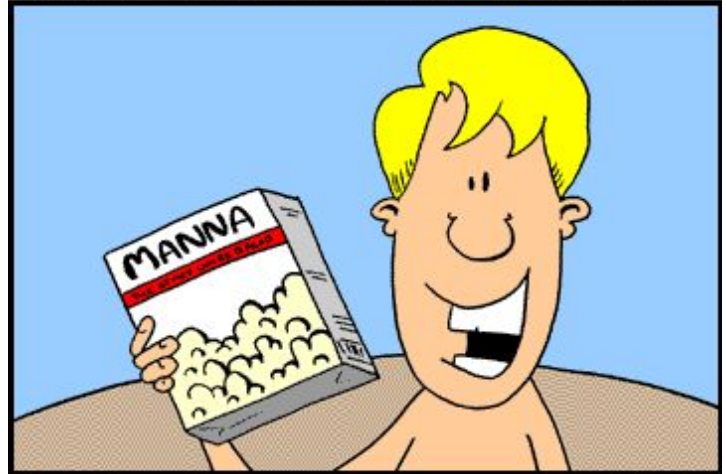


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## Real Life Bulletin Bloopers

1. The sermon this morning: Jesus Walks on the Water. The sermon tonight: Searching for Jesus.
2. The peace-making meeting scheduled for today has been canceled due to a conflict.
3. Remember in prayer the many who are sick of our church and community.

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Thanks to Mikel Rice 07-07-1998

MANNA, IT'S WHAT'S FOR DINNER ... AND LUNCH ... AND BREAKFAST

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**Our 2018 Charge Conference was a great success! We had a chance to formally meet our new District Superintendent, Victor Gomez, and to share with him who New Hope UMC is and all the ways in which we work together as a church family to serve the Lord!**

**In this newsletter, you will find copies of the remaining ministry reports written by some of the leaders in our church. We wanted to share them with you because much thought and time was put into each report. And they give a first hand account of what we are doing here at New Hope UMC to help spread the word of God!**

**We hope that you will take the time to read each report, these reports were given to our District Superintendent, so that he can get a better sense of what New Hope UMC is all about!**

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**(If you have trouble reading any of the photocopied ministry reports in our newsletter, you can pick up a printed copy of The Hilltopper in the Narthex with clearer copies of these important reports.)**

Retired Pastor's Report  
New Hope UMC  
Charge Conference - 9 September 2018

I continue, with my bride, as the Prayer Coordinator for the ComfortCare Women's Health Ministry. We have an estimated 220 people involved in this ministry in one form or another. Our goal is to have our three centers covered in prayer during the times they are open. Right now we have approximately 67% coverage with an additional dozen people praying before the centers are open. Prayer for immediate needs is handled by email to about 130 people and twelve more are contacted by telephone. In addition we provide on site prayer support, leadership and encouragement for specific meetings and all major events during the year. We also lead a monthly prayer time for the leadership as we seek the Lord's guidance for the next step. We have experienced significant blessings in various ways that can only be attributed to answered prayer.

I continue to remain available for "short notice" coverage to churches in the area, regardless of denomination. Representing ComfortCare, I have visited and spoken to several churches in the areas surrounding Lexington, Staunton and Waynesboro. I have also had the privilege of preaching, on short notice, at a Brethren Church and have been invited back next month.

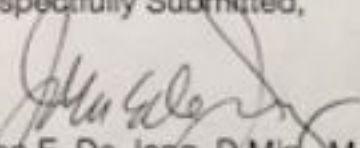
I have become the "Goto" pastor for Summit Square, a senior's residence in Waynesboro. My bride and I lead a Sunday afternoon Vespers service when a scheduled person becomes unavailable. We also serve on the routine schedule.

We continue to support a local Church pastor and his charge (Bethany Lutheran Church) with weekly prayer on site every Thursday morning for an hour and a half as we have for almost 12 years.

In May I was elected Chair of the Augusta County SEAC - Special Education Advisory Committee. We have custody of our 16 y.o. grandson who is a part of the Special Education program so are intimately familiar with this resource.

Of course, we continue to minister, as all Christians can and do, to local people when situations, circumstances and opportunities arise.

Respectfully Submitted,



John E. De Jong, D.Min., M.Div., MBA, B.Mgt.E.  
Colonel, USAF (Ret.)



A big THANK YOU to everyone who helped make our Children's Sabbath a blessing for us all!

*The future of our church is in good hands!*

# H.O.T.S.

Ham, Oyster & Turkey Supper  
Saturday, November 10, 2018




*We are all  
very excited!*

On Saturday,  
November 10th from  
11:00am-6:00pm,  
we will have our  
annual Ham, Oyster,  
Turkey Supper  
(H.O.T.S.)

Please invite your  
friends, family,  
neighbors, co-workers  
and others to join us!





- 1 - Larry Shiflett
- 2 - Susan Coffman
- 3 - W. B. Harner, Jr
  - Cathy Killough
  - Kerry Fretwell
- 5 - Linda Gail Johnson
- 6 - Joseph Bragg
  - Steven Price
- 7 - Kevin Bell
- 8 - George Taylor
  -  Earl & Jackie Wilberger
- 10 - Donald Michael
  - Roy Randolph
  - Jim Gruber
- 13 - Chuck Wagner
  - Cindy Sanger
  - Cheyenne Canipe
- 14 - Katherine Garber
  - Beth Rogers
- 17 - Juanita Howell
  - Lynn Tuten
- 18 - Lydia Hough
- 19 - Dorothy Caricofe
  - Aggie Selmon
  -  Lloyd & Kay Moore
- 20 - Christopher McCray
  - Curt Rosen
- 22 - Nancy Evers
  - Jeff Kraisser
- 23 - Cindy Deavers
- 25 - David Critzer
- 26 - Ruby Howell
  - Maureen Morris
- 27 - Steven Broyles
  - Wendy McLaren
  -  James & Linda Howdyshell
  -  Aggie & Betty Selmon
- 28 - Corey Stogdale
- 29 - April Selmon
- 30 - Jennifer Broyles
  - Kimberly Hinkle

# STAY IN THE KNOW

The following are the minutes from the October meeting of the Church Council. They are available for you to help the entire church congregation Stay In The Know about what and how this group are caring for the people and the church building of New Hope UMC - in the past, the present *and into the future!*

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The meeting was called to order by Sam Arnold, Chair. Cindy Deavers read the devotions.

Those present: Sam Arnold, Cindy Deavers, Larry Hinebaugh, Debbie Arnold, Dale Rankin, Dallas VanLear, Cindy Sheets, JoEtta Walker, Kim Maugans, Karen Whitmer

The minutes of September 27, 2018 were approved as submitted.

**FINANCE COMMITTEE** – Kevin Armstrong, Chair, was not present.

**TREASURER'S REPORT** – Cindy Deavers – Please see finance report. (Copies available in the Narthex)

**TRUSTEES** – Larry Hinebaugh, Chair – The heating/AC construction has been delayed due to illness and rain. Majority will be done by this Saturday, November 3. A training session will be set up for those interested in how to operate the new system. The system will be a Wifi Thermo. This will enable Rob Riner to operate from his home.

**WORSHIP MINISTRY** – Susan Coffman, was not present.

**NURTURE/SPIRITUAL DEVELOPMENT MINISTRY** – JoEtta Walker, Chair

~George Taylor will lead an Advent study beginning in November.

~December 16, 2018 – Christmas Dinner (covered dish).

~Watch Night 2018 New Years Eve – Possibility of having a service.

**EVANGELISM MINISTRY** – Dale Rankin, Chair

~George Taylor and disciples completed the Bible study, Becoming a Contagious Christian.

~An Advent Bible Study is planned to start the second week of November.

**MISSION/OUTREACH MINISTRY** – John Morse and Darryl Deavers were not present.

Kim Maugans reported on behalf of the Tangier Mission Trip. The mission was a success! Twenty-eight projects were accomplished. Kim will take over this ministry the first of year.

**UNITED METHODIST MEN** – Dallas VanLear, Chair – Preparations are underway for the Ham, Oyster, Turkey Supper which is November 10.

Next UMM meeting will be Tuesday, November 20.

**UNITED METHODIST WOMEN** – Wanda Harding, Chair - Not present

**YOUTH REPRESENTATIVE** – Chloe Breeding – Not present

**STAFF/PARISH RELATIONS** – Bruce Rogers, Chair – Not present

**HISTORIAN** - Lynn Tuten – Not present

**MEMBERSHIP**– Karen Whitmer – one member transferred to a UMC in North Carolina. Two people will be transferring to New Hope UMC in November.

**LAY LEADER** – Kim Maugans

~Planning Team – See entry wall calendar in Narthex

~The Rev. M. J. Kim will be our guest speaker on Sunday, November 11. The council approved \$200.00 as a gift to Rev. Kim. Kim Maugans made motion and Dale Rankin second.

**COMMUNICATIONS** – Wanda Harding - (Please see our Upcoming Events page in this Newsletter)

**PASTOR** – Shin Woo Hong

Karen Whitmer made a motion for funds from a Wednesday Night Dinner to be used to take all of those who help with the Wednesday Night Dinners out for dinner as a way of showing our appreciation to them. Larry Hinebaugh seconded. All were in favor and approved the motion made.

**NEW BUSINESS** – Kim Maugans made motion for council to not meet month of December. Cindy Deavers made second. All was in favor and approved.

~Discussion about getting rid of the bulletin board when you first come in the door and replace it with a wall calendar to put all of the church's yearly events front and center for all to see.

~Mention made to replace Historian and clean up or possibly move the History Room.

~Teresa Barr will be new chairperson for Trustees first of year.

The meeting was adjourned with prayer by Dale Rankin.

Next Council meeting will be Thursday, November 29, 2018 at 6:30 p.m .

Respectfully submitted,  
Debbie Arnold, CC Secretary

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**This will be the last year for Kim Maugans to coordinate our annual HOTS - Ham, Oyster, Turkey Supper. This will also be the last year that Karen Whitmer will be helping to coordinate this event in the dining room. We thank them both for their years of leadership in planning and coordinating to help make our HOTS such a successful event each year!**

**Because both Kim and Karen are stepping down after this year, we will be in need of two people to replace them for next year. Please give this opportunity some thought and prayer, and if you feel that you are being called to take over either of these two roles for our HOTS in 2019, please see Kim, Karen or Pastor Shin and discussion this with them.**

**If you are interested in stepping up in a HOTS leadership role next year, we invite you to take the 2018 HOTS as an opportunity to shadow Kim or Karen in their roles, to get an idea of what will be needed from you in 2019.**



# **Upcoming Events, Activities and Meetings** **at New Hope UMC - November 2018**

November 2 & 3, Fri. & Sat. ~ Confirmation Class Trip to Washington, D.C.

November 3, Saturday ~ Sweet Hour of Prayer @ 8:00am

November 4, Sunday ~ Sunday School @ 9:30am

~ Sunday Worship Service @ 10:30am

~ Children's Hour of Music - Right After Worship

November 5, Monday ~ District Partners in Ministry at New Hope UMC with Melissa Fretwell @ 9am-12:00pm

November 6, Tuesday (ELECTION DAY) ~ Circle of Love @ 7:00pm

November 7, Wednesday ~ Bible Study @ 5:45pm

~ Choir practice @ 6:45pm

November 8, Thursday ~ Set-up for the Fall Bazaar @ 6:00pm

~ Circle of Hope @ 7:00pm

November 10, Saturday ~ Sweet Hour of Prayer @ 8:00am

~ Ham, Oyster, Turkey Supper (H.O.T.S.) @ 11:00am-6:00pm

November 11, Sunday ~ Sunday School @ 9:30am

~ Sunday Worship Service & Veteran's Day Celebration w/ Reverend M.J. Kim as guest speaker @ 10:30am

~ Children's Hour of Music - Right After Worship

November 14, Wednesday ~ Bible Study @ 5:00pm

~ Wednesday Night Dinner @ 6pm - (Benefitting Brooklyn Jefferson, 7 year old with need for new hearing aids)

~ Choir Practice 6:45pm

November 15, Thursday ~ S.W.A.T. Luncheon at Ciro's Verona @ 12pm

November 16, Friday ~ Parents Night Out @ 5:30pm-8:00pm

November 17, Saturday ~ Sweet Hour of Prayer @ 8:00am

November 18, Sunday ~ Sunday School @ 9:30am

~ Confirmation & Baptism Sunday during Worship Service @ 10:30am

~ Children's Hour of Music - Right After Worship

~ District Charge Conference at Bridgewater UMC @ 2:30pm - 4:00pm

~ District Leadership Training at Bridgewater UMC @ 4:15pm - 6:00pm

~ Community Thanksgiving Service at Barren Ridge Church of the Brethren @ 7:00pm

November 20, Tuesday ~ UM Men Meeting and Dinner @ 6:30pm

November 24, Saturday ~ Sweet Hour of Prayer @ 8:00am

November 25, Sunday ~ Sunday School @ 9:30am

~ Sunday Worship Service @ 10:30am

~ Children's Hour of Music - Right After Worship

November 28, Wednesday ~ Bible Study @ 5:00pm

~ Wednesday Night Dinner @ 6:00pm

~ Choir Practice @ 6:45pm

November 29, Thursday ~ Church Council Meeting @ 6:30pm

## Music Ministry Report:

The music ministry has been working diligently to provide music opportunities for anyone interested in using their music talents in worship!

I was hired in February as the choir director. This is a new venture for me, so the learning curve has been a steep, yet exciting one. Our first undertaking was obtaining, preparing, and performing an Easter Cantata. Easter was early this year, and Mother Nature did her best to thwart our rehearsal opportunities, but we were able to present "Mighty To Save" on Easter Sunday morning. Many non-choir members participated in the Cantata as narrators, and the music was well-received.

Since there was no specific space in which music materials were stored and the choir often rehearsed in the sanctuary or the social hall, I petitioned the trustees to designate a Sunday School classroom as a music room. After discussion of our space needs, the trustees entrusted to us the Wesley classroom and that Sunday School class moved into the History room. We greatly appreciate having a designated space for music rehearsals, robing, and where all music materials can be stored and easily accessed.

The choir took a break in July, and anthems were provided by musicians from the congregation. We enjoyed vocal solos, as well as an violin/guitar duet, and an oboe/trumpet duet. I am hoping that these musicians will be willing to help lead worship on other occasions.

Currently, the choir is working on "Infant King", an interactive Christmas Celebration. The program includes congregational singing, children's choir singing, and tableaus depicting the Christmas story as well as a slide show to enhance the musical selections. We will have congregational rehearsals for those interested starting in October.

Children's Music Hour was instituted on Wednesday evenings at 5:00pm (before weekly supper at 6). At first, we met in the library, but the space was limited. We had 4 young ladies join us for the first week, and they had fun doing rhythm activities and learning a new song, "This Little Light of Mine" that they sang on the first Sunday of March. By the end of May, we had anywhere from 4-6 students in attendance. They learned note names and values and practiced songs to sing in worship.

Once school dismissed, we discontinued CMH for the months of June and July. We resumed in August, but attendance has been sparse due to other commitments the children or their parents have. We are planning to move CMH to a Sunday afternoon time in hopes that more children will be able to participate.

Goals of CMH this year include the children learning to compose an original melody, to play junior-sized hand bells and the autoharp, and sing worship songs so they can participate in more worship services as well as help lead music at VBS next summer.

Our church has been blessed by many wonderful musicians who have visited us to share their musical talents. Last Christmas, a hand bell choir from Korea led worship, and many talented pianists and musical groups have performed. We have scheduled a gospel group, The Dunns, to join us in October and have many other ideas for inviting guest talent to lead worship at New Hope.

Pastor Shin and I have talked about the feasibility of starting a hand bell choir for youth and adults. While this idea is in the planning stages, I hope we will be able to begin a campaign to raise the funds to purchase the equipment and instruments so that the "dream" can become a reality within the next year or two.

I am excited about what the next year will bring through our music ministry here at New Hope, and I look forward to a year filled with love, learning, praise, and worship!

Respectfully Submitted,

Alicia Copeland

Choir Director



## Diabetes Update

### Quick Facts

- According to the Centers for Disease Control and Prevention (CDC), Virginia is one of 14 states considered to be in the Diabetes Belt. Over 11% of adults in Virginia have been diagnosed with diabetes
- Rate of Diabetes Mellitus (DM) among adults in the United States has gone down. There is longer life expectancy and improved access and referral rates to Diabetes Self-Management Education and Support Programs.
- Rate of new diabetes among children and adolescents in the United States has gone up. The American Diabetes Association recommends screening children over the age of 12 with one or more risk factors for diabetes.
- The first National Diabetes Prevention Program has been launched. In January of 2018, Medicare approved coverage for this program if it is delivered through a recognized CDC program.

### Diabetes Treatments

There have been new advances in diabetic medicines to help lower average blood glucose levels, commonly referred to as A1C:

- **Trulicity** (dulaglutide) and **Ozempic** (semaglutide) are both once weekly injections for Type 2 Diabetes Mellitus. This medication limits glucose production, stimulates insulin production and slows digestion, which can help with weight loss.
- **Tresiba** (insulin degludec) is an ultra-long-acting insulin given once daily for Type 1 and Type 2 Diabetes.
- **Basalglar and Toujeo** (insulin glargine) is a once daily injection of long-acting insulin for Type 1 and Type 2 Diabetes. It lasts longer in the system than Lantus.
- **SOLIQUA** is a once injectable that contains long acting insulin and is used to treat Type 2 Diabetes. Soliqua is commonly used with Lixenatide, which reduces glucose production and makes cells more receptive to insulin.
- **Humulin** is a meal-time insulin that is much stronger than other, more common meal-time insulins. It is used by patients with Type 1 and Type 2 Diabetes who need large doses of insulin due to insulin resistance.
- **Freestyle Libre Personal Glucose Monitoring System**
  - Prescription required
  - Sensor placed on back of arm, reader is used to determine blood sugar
  - Sensor lasts 10 days, but an improved 14 day sensor available soon
  - No finger sticks required
  - Medicare and commercial insurances cover if criteria are met. Requirements include patients testing four-five times a day, frequent low blood sugar, and a disability that may hinder finger stick monitoring.



## United Methodist Women for 2017-2018

Our United Methodist Women unit of 41 members are very generous in giving for 2018. Send to the Harrisonburg District doe undesignated missions was \$2111.50. Also sent for designated missions was \$2,060 for Henderson Settlement, Red Bird Mission, Camp Overlook, Henry Fork Service Center, Valley Mission, Society of St. Andrews, Korean UMC, Mission Central, Vacation Bible School, and WRE as well as Kits for Conference. Regular donations of food, clothing, and personal hygiene products are taken to Valley Mission and inmate Christmas gifts for Kingsway Prison Ministry, and shoebox gifts for Operation Christmas Child. Also clothing and financial support was given to District Mission Central in Harrisonburg as well as taking and serving a lunch meal for workers this summer. Ladies who knit/crochet have participated in the Prayer Shawl ministry providing many shawls, lap robes, baby blankets and prayer squares during the year. Gifts were made to our high school graduates and regular cards were sent to shut-ins and college students during the year.

We continue to serve United Methodist Men meals for their monthly meetings as well as twice during the summer for their work nights and provide carry out meals for local shut-ins.

Our programs during this year have included "Nature's Way" with Brian and Iris Stout; Faith Community Nursing with Susan Coffman; Ladies Retreat and Luncheon on April 14 (Sacred Places – Conversation with God & Neighbor); celebrated UMW Sunday on April 8<sup>th</sup> with honoring ladies our circles were named and transitioned into the new names of circles with Sisters of Faith, Circle of Hope and Circle of Love.

Several ladies as well as Pastor Shin and his children attended the District UMW Prayer breakfast and program.

Co-Sponsor with United Methodist Men the Annual Family and Friends Church Picnic and Christmas Dinner. Provided refreshments for two piano concerts.

Our active member numbers are fewer now however our hearts for serving and witnessing for the Lord are warm and generous. We are thankful for the example, support and encouragement from those who are no longer physically able to be active in our mission.

Wanda Harding

UMW President

## 2018 Lay Leader Report New Hope UMC

Calendar pages turn, the clock ticks on, yes – time stands still for no one. The past year for NHUMC has passed in a flash. I know this is true because I'm sure that I gave this report in 2017 only about three weeks ago. In that report, I spoke about how we were reluctant to change, but it is happening. God is leading us in new directions and revealing to us ways to minister to one another in the community. A good example of this is our now completed AV Project. Some were not sure at first, but most all have accepted and appreciated this new installation.

Although we have had many opportunities for ministry in the past year, with both annual traditions and new events and programs, by far the greatest success has been our Wednesday Night Dinner. It has become the hinge point for many other opportunities to show care and compassion. I truly believe that God has plans to use the congregation at New Hope in a mighty way.

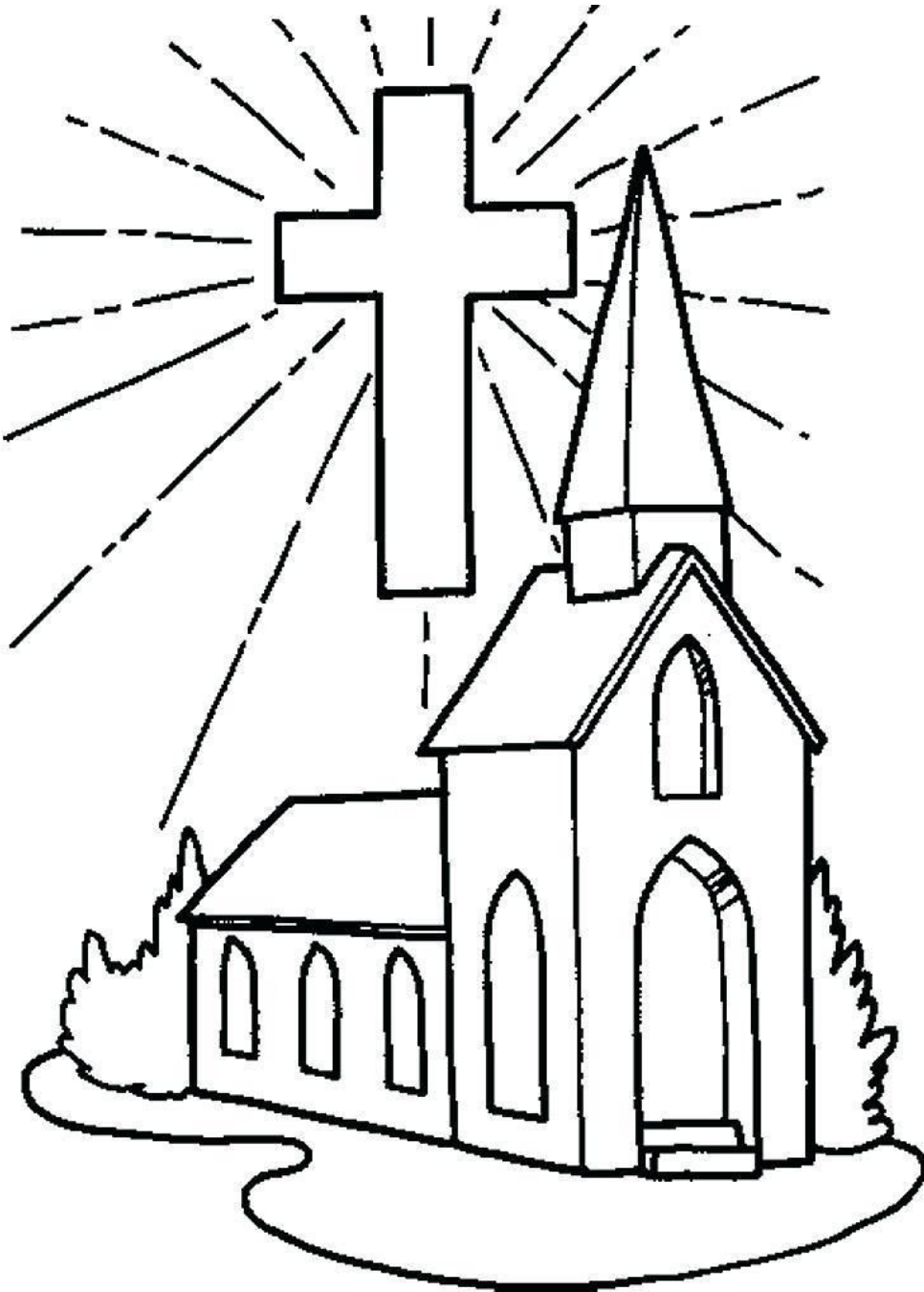
Kim Maugans  
2018 Lay Leader New Hope UMC

# Kid's Corner

*(Parents please feel free to print this page for your kids to color while you read them the story.)*

## Church and Respect

*by Sharla Guenther*



Have you ever been to a King or Queen's palace? How would you act if you were invited there? Would you run around and talk loudly? Would you push your brother or sister and talk back to your parents? Would you ignore the Queen if she talked to you?

I'm sure you would be on your best behavior. You would listen to your parents, mind all your manners, say "please" and "thank-you", and be careful not to break anything.

One last question, why would you be on your best behavior at the Queen's palace? Is it because the Queen is important and she has lots of nice things, and you just know that you are supposed to be good in a fancy place like that?

This lesson is about how we should behave in God's house. Church is a special place where we learn more about God and worship him. God doesn't actually live there because God is everywhere but it's one of the special places we can go just to honor him without any distractions of the outside world.

Have you ever noticed that people dress up when they go to church. That's because people are trying to be respectful to God and to get ready to worship him. Have you ever wondered why people close their eyes and bow their heads when they pray? People do that so they can think about what they're praying to God and not looking and thinking about other things. We bow our heads because God is our King and he deserves respect like a King and so

much more!

When you are respectful you listen to others and treat others the way you want to be treated. So how can you respect others at church? By treating church like God's house and listening to your teachers and parents, by walking instead of running and using your quiet voice instead of your loud voice.

Sometimes in church there are special times that we're allowed to run around (in the church gym or a during a special lesson in Sunday School) and that's okay if the teachers or parents give you permission but otherwise we need to learn and listen to what the leaders say.



Your teachers spend lots of time getting ready for a special Sunday School lesson just for you. They care a lot about each one of you and want you to learn important things that can help you. It makes them sad and disappointed if you don't listen and that makes God sad.

When we respect others we are also respecting God. So you may have guessed that we aren't just supposed to be good in church but everywhere! Respecting everyone we pass by. Since God is everywhere he can see how we treat others and if we are making them happy or sad.

There's a verse in the Bible (**Romans 12:10**) that says, love each other honestly and treat others better than you would treat yourself.

That means listening to your teachers at school, babysitters, parents and grandparents. It also means respecting other people's things. So when someone has a toy or book that you want it's not right just to take it away from them. Ask them nicely and if they still don't want to share play with something else until they're finished. I know that can be tough but that's what God wants us to do.

Start to think about respect everywhere you go (the grocery store, other people's houses, even restaurants). Sometimes it's important to be on your very best behavior, but your parents understand you need play time and a time to be loud too.

So have lots of fun but just keep in mind that church is a special place to learn about God and we need to treat it just like a king's palace (because God is our king). Listen to your parents and teachers, they love you and want the best for you and that's how you can make God happy!



**Can anyone identify our guest?**

**The Sisters of Faith challenges our church circles to invite someone “new” to their next meeting.**



**Parents' Night Out will be held  
on Friday, November 16th from 5:30pm-8:00pm.  
*Sharing with Others is the theme!***

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*If you would like to add an article or announcement to the Hilltopper, please contact  
The Hilltopper editor, Cindy Sheets at [cds3501@gmail.com](mailto:cds3501@gmail.com) or call/text at (540) 280-1860*

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## **New Hope United Methodist Church**

55 Round Hill School Road Ft. Defiance, VA 24437

***Mailing Address:***

***P.O. Box 86***

***New Hope, VA 24469***

Church Phone: (540) 363-5940

Church Email: [NewHopeUMC.Virginia@gmail.com](mailto:NewHopeUMC.Virginia@gmail.com)

***New Website Coming Soon!***

Facebook: @MyNHUMC

**Pastor Shin Woo Hong**  
**willydisney@hotmail.com**  
**call/text: (540) 480-2602**