

September 2018

Back To School

by: *Kevin Harrington*

It seems like it was yesterday when you could hear the last school bell ring letting you know that summer had officially begun. You trade in your backpacks full of books for suitcases full of swimsuits and sunglasses. The sun's been out and the weather has been hot, even if it was for a short while. VBS and summer vacations have come and gone. But we've reached the time of year where it starts getting darker earlier, the leaves will start changing colors and the heat will turn into cool, crisp air. And all this can only mean one thing: school is back in session. Many of the young people are already back in classes, while some will start in the coming weeks. Moms and dads may be done with school, but the thought of sending a child off to their first day of middle school, high school, or even college can be very frightening. Schools today are a battleground of sins and temptations. Will they remember everything we've taught them about friends, relationships, drinking, etc.?

Message to the kids/teens: This is a new year. A time to start fresh and start over. It's easy to get sucked into all the temptations that can be found on a college or high school campus. Satan is prowling like a lion ready to devour you ([1 Peter 5:8](#)). But remember who you are. Remember that you wear the name of Christ proudly. Paul wrote in [1 Cor. 11:1](#) to "imitate me, just as I also imitate Christ." Remember that our attitude and our personality should always imitate Christ's attitude. There will be times where it will be hard to do the right thing and you'll find yourselves between a rock and a hard place, but just remember "if God is for us, who can be against us?" ([Rom. 8:31](#)). Remember that you have a family of Christians that are here for you whenever you need them. Don't be afraid to admit you need help.



Message to the parents: It's impossible to know everything that goes on while your child is at school. But the best thing you can do is give them a daily reminder of the Lord they serve. Pray with your children each morning before school. Read scriptures with them about temptations and how to overcome them. Write a scripture on a piece of paper or a napkin and put it in their lunch. If their mind is constantly on the Lord, guess who will be on their mind when a problem arises.

Message to the congregation: It is not just the parent's responsibility to raise these children in the "training and admonition of the Lord" ([Eph. 6:4](#)). As a flock of God's people we are to look after each other. We are to all set an example in "word, in conduct, in love, in spirit, in faith, in purity" ([1 Tim. 4:12](#)). Let us all take the responsibility to make sure that everyone continues to grow spiritually. It takes a village to raise a child. Whether you want to admit it or not, every child in this congregation is your own. Remember what it was like to be young? Do whatever you can to help these students succeed.

(If there is something on your heart that you would like to write about and share with our church, please feel free to submit your thoughtful writings at anytime.)

Lectionary Readings for September

September 2

Song of Solomon 2:8-13
Psalm 45:1-2, 6-9 or Psalm 72
James 1:17-27
Mark 7:1-8, 14-15, 21-23

September 16

Proverbs 1:20-33
Psalm 19 (UMH 750)
James 3:1-12
Mark 8:27-38

September 23

Proverbs 31:10-31
Psalm 1 (UMH 738)
James 3:13-4:3, 7-8a
Mark 9:30-37

September 9

Proverbs 22:1-2, 8-9, 22-23
Psalm 125 or Psalm 124
James 2:1-10(11-13), 14-17
Mark 7:24-37

September 30

Esther 7:1-6, 9-10; 9:20-22
Psalm 124 (UMH 846)
James 5:13-20
Mark 9:38-50

Under Construction

We will be installing a new furnace for heating & air conditioning in the Social Hall, kitchen, bathrooms and in the old kitchen downstairs. This work will begin on September 24th and run for 8 to 10 days. Please check the Church calendar and make arrangements to move any meetings or activities that will be held in these locations on these dates. If you have any questions, please contact Larry Hinebaugh.





The Back School Project was a huge success this year. Our Church Family stuffed many baskets with school supplies. The supplies will be used by students in our local schools. Our children here at New Hope UMC prepared several school bags to be sent to the VA Conference next year. We thank God for all the donations! We are so blessed to have a generous Church family!





Parents' Night Out

As school begins, we will be starting our Parents Night Out on September 28, 2018. The theme is Kindness, with Johnny Appleseed being highlighted. We invite all parents to bring their children for an evening of food, fun, crafts and games!

During the month of September, we will be taking subscriptions for the Virginia Advocate, the magazine published by the Virginia Conference with topics, activities, people and pictures from our Virginia Conference, affecting our Methodist beliefs.

See Wanda Harding who has a list of current subscribers and those who might be interested in subscribing. The Cost: for a 1 year printed subscription is \$20; for 2 years is \$30; for 3 years \$40; or an online subscription for 1 year is \$10; two years is \$15 or for a 3 year online subscription is \$20. Please make checks payable to New Hope UMC with a notation for *The Advocate*. (Example copies are available in Narthex.)



STAY IN THE KNOW

The following are the minutes from the August meeting of the Church Council. They are available for you to help the entire church congregation Stay In The Know about what and how this group are caring for the people and the church building of New Hope UMC - in the past, the present *and into the future!*

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The New Hope United Methodist Church Council met on Thursday, August 23, 2018 with 15 members present. Sam Arnold, Chairman, called the meeting to order at 6:30 p.m. and opened the meeting with devotions.

Those members present: Sam Arnold, Chairman, Debbie Arnold, Recording Secretary, Kevin Armstrong, Robin Craun, Wanda Harding, Larry Hinebaugh, Pastor Shin Hong, Kim Maugans, John Morse, Dale Rankin, Bruce Rogers, Cindy Sheets, Dallas VanLear, JoEtta Walker. Guests were Alicia Copeland and Nadine Hinebaugh.

Minutes of the July 12, 2018 meeting were approved as submitted.

**Finance Committee:** Kevin Armstrong, Chairman

- 1) The 2019 church budget of \$185,786 was presented and approved. The detailed budget is part of these recorded minutes.

**Treasurer's Report:** Cindy Deavers was absent, Treasurer's Report was submitted by Kevin Armstrong.

- 1) Revenue has been positive. We are able to meet our bills and payments in a timely manner. The Treasurer's Report statement is a part of these recorded minutes.

**Trustees:** Larry Hinebaugh, Chairman, presented the Trustees Report.

- 1) New LED lights were installed in the hanging light fixtures in the church sanctuary.
- 2) Proposal to replace heat/AC systems in the Social Hall and old Sunday school rooms was presented and approved by the Council. The project is scheduled to begin September 25 and will take eight to ten business days. Bids were obtained from Boyers and ZEH. Boyers was the lowest bid with an estimated cost of \$30,700.00. Larry reported the boiler is working, but the hot water lines are leaking and cannot be replaced without major expense. The Trustees requested a total budget of \$40,000.00 from the church line of credit. The additional \$9,300.00 will be used to install additional insulation in the parsonage and old Sunday school building. Boyers has requested half of total before start date. A motion was made and a second received. The Council made a unanimous vote in favor of the project and amount to be borrowed.

- 3) A backflow water treatment system has been installed to remove particles from our water supply for the church and parsonage.
- 4) The floors in the Social Hall/Kitchen area were professionally cleaned.

**Worship Ministry:** No report presented.

**Nurture/Spiritual Development Ministry:** JoEtta Walker, Chairperson

- 1) JoEtta reported the upcoming activities for the months ahead. The activities are posted on the calendar near the church bulletin board for everyone to see. Major events for September: ***(Please see our Calendar of Events page.)***

**Evangelism Ministry:** Dale Rankin, Chairman

- 1) Dale reported that new Communion Kits were ordered and received.
- 2) New material has been ordered for the Wednesday Bible Study Class. The topic is "Contagious Christian". The 6 week class will begin Wednesday, September 5 @ 5:00 p.m.

**Missions/Outreach Ministry:** John Morse

- 1) There are 6 people signed up for the upcoming mission ministry. They will go to Tangier Island, VA, October 1-6. Kim Maugans is planning to go before the scheduled trip to inquire about what project(s) they will work on during the mission trip. Kim will determine what materials will be needed.
- 2) Mt. Zion UMC in Mt. Solon is in need of new paint and "sprucing" up of the grounds. Al Tuten is the serving minister and John and Kim will be in touch with him about how we can help them as a mission project.

**United Methodist Men:** Dallas VanLear, Chairman

- 1) September 18 is the next scheduled dinner meeting at 6:30 p.m. Guest speaker will be State Trooper, Scott VanLear.
- 2) HOTS – Saturday, November 10

**United Methodist Women:** Wanda Harding, Chairperson

1) District Prayer – September 8 at Elkton UMC with District Superintendent, the Rev. Gomez. 2) Next UMW end of year meeting is scheduled for October 15.

**Youth Representative:** No Youth Report

**Staff/Parish Relations:** Bruce Rogers, Chairman

- 1) Prevention of Child Abuse Policy is still in progress for revision.

**Historian:** No report

**Membership Secretary:** Karen Whitmer reported we have lost 8 church members during 2018.

**Lay Leadership/Nominations:** Kim Maugans

- 1) Helen Morse has ordered new Fall banners for the sanctuary.
- 2) Sixteen members are on the visitation list of our homebound and nursing home members and most are receiving Communion.
- 3) Planning Committee met August 19. All upcoming events are listed on the church calendar by the entry door.

**Communications:** Wanda Harding reported the upcoming events. *[\(Please see our Calendar of Events page.\)](#)*

**Pastor Shin:**

- 1) Pastor Shin presented the list of Church Officers for consideration and approval by the Church Council. There are still a couple key positions to be filled. The list was approved as submitted with the following notations: (a) Pam Vanlear will be asked to continue as the Virginia Advocate coordinator for our church. Advocate subscriptions are available at a nominal fee. (b) Pastor Shin is going to ask his brother to visit our church during the Christmas Holidays and provide a special Christmas music program. Everyone was in favor of his visit.

**New Business:**

1. Please be in prayer for our Lay Leader. Kim Maugans is stepping down at the end of December.
2. WRE (Weekday Religious Education) – Robin Craun has been the representative from our church, but has not attended the quarterly board meetings. She is stepping down. Shin will ask his wife, Hailey to represent the church. A motion was made and a seconded. The vote was unanimous in favor of the change.

***Respectfully submitted by Debbie Arnold, Secretary.***

**Next scheduled meeting: Thursday, September 27, 2018 at 6:30 pm.**

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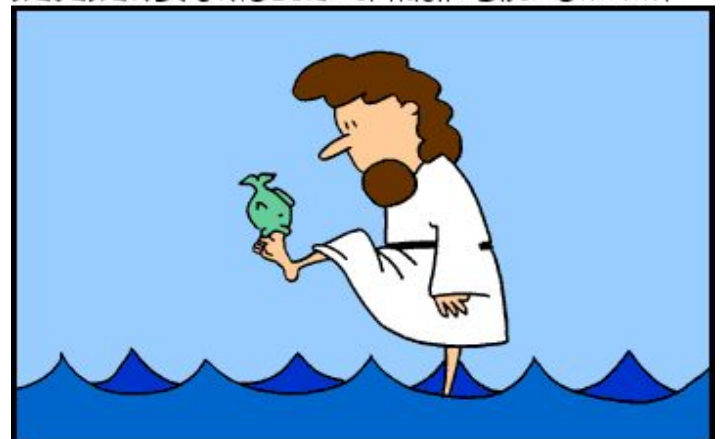
The Boasting Boys

Three boys are in the schoolyard bragging about their fathers. The first boy says, "My Dad scribbles a few words on a piece of paper, he calls it a poem, they give him \$50."

The second boy says, "That's nothing. My Dad scribbles a few words on a piece of paper, he calls it a song, they give him \$100."

The third boy says, "I got you both beat. My Dad scribbles a few words on a piece of paper, he calls it a sermon. And it takes eight people to collect all the money!"

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THE DOWNSIDE TO WALKING ON WATER

50's Drive-In

Saturday, September 22, 2018

4:00pm-6:30pm




Come join us for our 50's Drive-In on Saturday, September 22nd from 4:00pm-6:30pm. You'll enjoy: hot dogs, hamburgers, fries, milkshakes, banana splits, poodle skirts, 50's music, and classic cars! It's a great chance to go back to the 1950's - *New Hope UMC Style!*

Your help is greatly appreciated! There are sign-up posters in the Narthex for food donations and volunteer positions. This is a church-wide event and we need all of your help and prayers to make this another successful event here at New Hope UMC! *Thank You For Your Generosity So Far!*

~ Again this year, Alice Ward has agreed to make the BBQ for the 50's Drive-In. If you would like to donate hamburger or money, please give those donations to her at this time. We are so grateful to her for preparing her delicious BBQ, and for all the wonderful donations we have received from our church family for this event! ~



1 - Cheryl Bragg

-  Kevin & Gail Armstrong

-  Carl & Polly Caricofe

2 - Hunter Joyner


3 - Nadine Hinebaugh

7 -  William & Arlene Crist

9 - Beth Howdyshell

10 - Chris Botkin

- Lester Herman

-  Dallas & Pam VanLear

11 - Steve Carter

- Brandan Whitmer

-  Mike & Becky Breeding

12 - Terri Carter

- Christy Aldhizer

-  Jeff & Becky Kraisser

13 - Dr. Esther Mabry

14 - Judy Critzer


15 - Barry Powers

16 - Josh Walker

17 - Thomas Ewers

18 - Robert Morrison

- Roger Aldhizer

-  Greg & Jolene Farrar

19 - Mia McLaughlin

20 - Susie Hong


- Billy Price

21 - Jacob Botkin

22 - Michael Morris, Jr

24 - Dawn Miller

- Dylan Anthony

-  Darryl & Cindy Deavers

25 - Brandon White

- Betty Stout

-  Henry & Margaret Breeding

26 - Glenna Powers

- Jim Joyner

27 - Beth Breeding

28 - Donna Walker

30 - Martha Fretwell

Upcoming Events, Activities and Meetings **at New Hope UMC - September 2018**

***EVERY WEDNESDAY**

Bible Study - "*Becoming a Contagious Christian*" @ 5:00pm

Children's Hour of Music @ 5:00pm

Wednesday Night Dinner @ 6:00pm

Choir Practice @ 6:45pm

Monday, September 3 ~ Circle of Hope with Gail Armstrong @ 7:00pm

Tuesday, September 4 ~ Sisters of Faith with Becky Tate @ 1:30pm

~ Circle of Love at Church @ 7:00pm

Wednesday, September 5 ~ *Wednesday Night Events** starting @ 5pm

Saturday, September 8 ~ District UMW Prayer Breakfast at Evangelical UMC in Elkton
with speaker Reverend. Victor Gomez from 9am-1pm

~ Sweet Hour of Prayer @ 8:00am

Sunday, September 9 ~ Sunday School @ 9:30am & Worship @ 10:30am

~ New Hope Charge Conference and Worship Service at New Hope
with Rev. Victor Gomez, D.S. @ 3:00pm

Wednesday, September 12 ~ *Wednesday Night Events** starting @ 5pm

Saturday, September 15 ~ Sweet Hour of Prayer @ 8:00am

~ Bishop Lewis Prayer Convocation @ 9:00am

Sunday, Sept. 16 ~ Sunday School @ 9:30am & Worship @ 10:30am

~ Parents' Meeting & Lunch - After Worship Service

Tuesday, September 18 ~ UMM Meeting and Meal @ 6:30pm

Wednesday, Sept. 19 ~ *Wednesday Night Events** starting @ 5pm

Thursday, September 20 ~ S.W.A.T. Luncheon at Ciro's in Verona @ 12pm

Saturday, September 22 ~ Sweet Hour of Prayer @ 8:00am

~ 50's Night Drive-In from 4:00pm-6:30pm

Sunday, Sept. 23 ~ Sunday School @ 9:30am & Worship @ 10:30am

~ Combined Healing & Prayer Service at Glovier Memorial UMC @ 6:00pm

Wednesday, Sept. 26 ~ *Wednesday Night Events** starting @ 5pm

Thursday, September 27 ~ Church Council Meeting @ 6:30pm

Friday, September 28 ~ Parents Night Out & Kid's Party from 5:30pm-8pm

Saturday, September 29 ~ Sweet Hour of Prayer @ 8:00am

Sunday, Sept. 30 ~ Sunday School @ 9:30am & Worship @ 10:30am

~ 5th Sunday Covered-Dish Lunch following Worship Service

October 1st - October 6th ~ Mission Trip to Tangier Island



Nurse's Health Corner

Hodgkin's Lymphoma

Catherine Raines, CHES

September is Blood Cancer/Leukemia and Lymphoma Awareness Month. One cancer that falls under this category is Hodgkin's Lymphoma (HL). This is a cancer that starts in the white blood cells called lymphocytes, and the most common sites are in the neck, chest, and under the arms. The American Cancer Society estimated that there would be about 8,500 new cases of HL in 2018, and it is identified as one of the most curable forms of cancer.

There are two main types of HL which are Classic HL and Nodular Lymphocyte-Predominant HL. Classic HL is more common and accounts for more than 9 in 10 cases of HL. These cancer cells are called Reed-Sternberg cells, an abnormal type of B lymphocyte. There are four subtypes which fall under Classic HL: 1.) Nodular Sclerosis HL, 2.) Mixed Cellularity HL, 3.) Lymphocyte-rich HL, and 4.) Lymphocyte-depleted HL. Nodular Lymphocyte-Predominant HL is less common and only accounts for about 5 percent of cases. This type is characterized by large cells called popcorn cells (because they look like popcorn) and grows more slowly. This type is also more common in men than women.

Although doctors and researchers do not know for sure what causes Hodgkin's Lymphoma, there are a few risk factors associated with the disease. People who have had the Epstein - Barr virus (often called mono) are at an increased risk of developing HL. However, the chance is still low (about 1 in 1,000), and researchers do not know exactly why this virus is associated with HL. Age and gender are also risk factors. Hodgkin's Lymphoma is more common in early adulthood (especially in a person's 20s) and later in adulthood after age 55. It occurs slightly more in males than in females. Those who have weakened immune systems already due to other causes are also at a higher risk of developing HL. Few of these risk factors can be changed, so it is not possible to prevent most cases of HL at this time. However, eating well, getting regular physical activity, and not smoking can contribute to your overall well-being and may lower your risk for developing many cancers and other diseases.

There are several signs and symptoms that are associated with Hodgkin's Lymphoma. Some who are diagnosed may have one symptom, several, or none depending on when they are diagnosed. These include:

- Having a lump in the neck, under the arm, or in the groin
- B symptoms: fever without infection, drenching night sweats, and weight loss without trying
- Itching, fatigue, loss of appetite, cough, trouble breathing, chest pain

If you have any of these symptoms, it obviously does not guarantee that you have HL, so don't worry! It's always best to consult with your doctor so that the cause can be found and, if needed, treated.

Treatment depends on the exact type of HL and the staging. It could include chemotherapy, radiation, or a combination of both. If the HL is recurrent, immunotherapy or high-dose chemotherapy and stem cell transplant may be options.

For more information on Hodgkin's Lymphoma, visit the American Cancer Society (www.cancer.org) or the Leukemia and Lymphoma Society (www.lls.org).

It's always the
right time to
take control of
your health!



Participants will learn:

- New ways to deal with symptoms such as fatigue, pain, stress, depression and frustration
- Appropriate exercise and nutrition
- Managing medication
- Working with health care providers
- Helpful tips from other workshop participants and much more!

Live Well, Virginia!

Chronic Disease Self-Management Program Workshop

Register today!

Yes! You can take control of your health, do the things you want to do and have a better quality of life, even with a Chronic health condition. Caregivers, family members and significant others are also welcome to attend!

Bridge Christian Church

1275 Goose Creek Rd, Fishersville

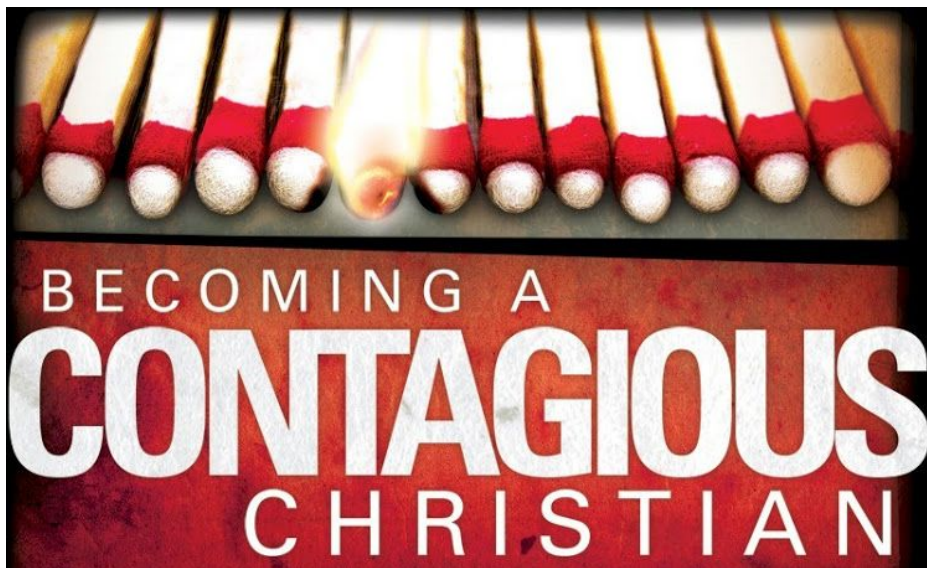
Saturdays, Sept 15 - Oct 20 from 10:00 -12:30

Call to register: (540) 294-0834

For more information Call VPAS at 540-820-8567



VPAS assures that no person on the grounds of race, color, national origin or sex, as provided by Title VI of the Civil Rights Act of 1964 be excluded or denied participation, or otherwise be discriminated against under any of its federally funded programs and activities. Any person who believes his/her Title VI protection has been violated may file a complaint with Leslie Gamache at [540 949 7141](tel:5409497141), leslie@vpas.info, or [325 Pine Ave., Waynesboro, VA 22980](https://www.vpas.org/325-Pine-Ave-Waynesboro-VA-22980).



Our new Bible Study - *"Becoming a Contagious Christian"* starts on Wednesday, Sept. 5th at 5:00pm. All are invited to join this 6 week bible study to learn more about how we can incorporate evangelism into our everyday lives!

Our church charge conference is Sunday, September 9th at 3:00 pm.

This meeting will include a Worship service and Communion. It will be conducted in our Sanctuary followed by light refreshments in the social hall.



All are encouraged to make plans to attend. This is also an opportunity to meet our new District Superintendent, Reverend Victor Gomez.



Come join us as we partner with our Christian friends at Glover Memorial United Methodist Church in Waynesboro. As we combine our efforts to have a joint Healing & Prayer Service on Sunday evening, September 23rd starting at 6:00pm. All are invited to be healed in mind, body and spirit.

Kid's Corner

(Parents please feel free to print this page for your kids to color while you read them the story.)

Psalm 23

The Good Shepherd

by Sharla Guenther



Coloring & Activity Pages by: Bible-Printables.com

Psalm 23 is one of the more famous psalms written by David the King. This was the same David who took down Goliath with a slingshot and some smooth stones.

David was now King but he was also a musician and liked to write poems and songs. This particular psalm is about God being his Shepherd-King.

Keep in mind that David used to be a shepherd. He remembers how he lead and cared for a herd of sheep.

At first thought a King and a Shepherd are very different. When I think about a King I think of a royal crown, a large castle, servants, large fancy meals and a beautiful Queen. When I think of a shepherd I think of a servant who works in the fields with raggedy old clothes and a small bag lunch.

There is also something that a Shepherd and a King have in common too. They both take care of something. A King is supposed to look after and protect the kingdom of people under him and a Shepherd

looks after and protects his herd of sheep. A King might have fancier stuff than a shepherd but they both have an important job.

David might compare God to a shepherd because sometimes when we think of kings we think of someone snobby, who thinks he's way more important than us and he couldn't possibly know each person in his kingdom.

A shepherd on the other hand seems like a regular person that works hard and takes care and loves each of his sheep. We wouldn't be afraid to talk to a shepherd and could just be ourselves around him.

David knows that God isn't like the kings on earth so he compares Him to a loving shepherd taking care of his people so we can get a better picture of what God is like.

So, throughout this chapter even though David is talking about himself as a sheep. I think it was meant for us to read and see ourselves as the sheep and God as our shepherd.

After thinking about a shepherd I thought about sheep and how they completely rely on the shepherd for food, shelter and safety. Just like we need to rely on God.

You might think that your parents provide all this for you but your parents rely and trust in God to give them a job, money and blessings so they can give you what you need.

Another important point is that sheep don't know as much as a shepherd. If you really think about it sheep are pretty dumb compared to a shepherd. Compared to God we don't know too much either! God knows our future, He made us and the whole world.

The first part of the psalm David talks about God being his shepherd and he is the sheep. The shepherd makes sure his sheep has everything he needs like nice green grass and clean water. God gives him peace and rest because he can trust Him.

God keeps him on the good path. Even when there's rough times he doesn't have to be afraid. God is always with him and He can make him feel better when he needs it.

Then David talks about a banquet that God the King would prepare. There were lots of important, fancy banquets for kings and since David was a king he was thinking how God would treat him. (I don't think David is still referring to himself as a sheep).

God would prepare a banquet for David and protect him from his enemies. He would treat David like a royal guest and anoint him.

In those days people would get anointed to become king or if they were recognized as being someone special. David was trying to say that even though he was King, God recognized him as more than a king but as someone even more special to Him.

David ends by saying that he will continually be blessed by God with lots of goodness and love and he is looking forward to living with God forever.

God is our Shepherd-King and we are his sheep. God is guiding us, protecting us and He loves us. We don't know as much as God does so we have to trust Him.

*If you would like to add an article or announcement to the Hilltopper, please contact
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